

For 2



spring

patient
catalog

Custom-Made vs. Over-the-Counter Orthotics

Why Orthotics?


Stabilizing orthotics are prescription shoe inserts. They're custom-made to easily slide into your shoes and support the unique shape of your feet.

Just as everyone has a unique personality, everyone has a unique body structure and foot shape. The benefit of using **custom-made orthotics**—rather than generic, mass-produced ones—is that they're **perfectly fitted to you**.

FOOT LEVELERS

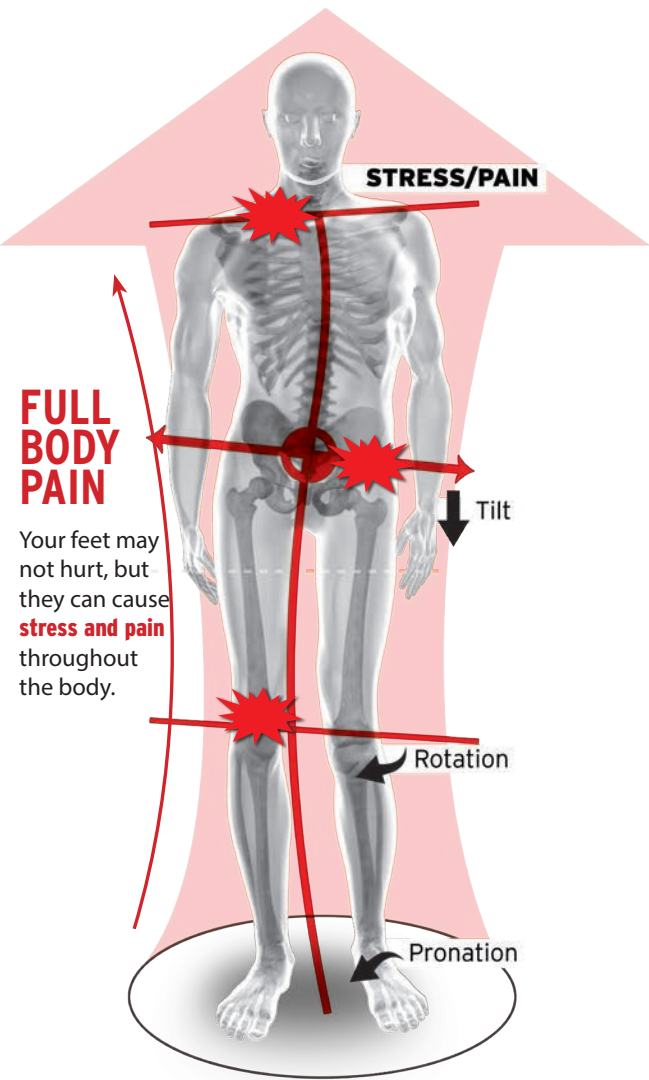
100% GUARANTEED



COMPARISON BETWEEN OVER THE COUNTER INSERTS AND CUSTOM ORTHOTICS		 FOOT LEVELERS	OTC
Maximum Comfort	✓	✗	
Premium Materials/Support	✓	✗	
Individually Designed for You	✓	✗	
Crafted by Hand	✓	✗	
3 Arch Advantage™	✓	✗	
Pelvic Stabilizaiton	✓	✗	
Whole-Body Pain Relief	✓	✗	
1 Year, 100% Money-back Guarantee	✓	✗	
Clinically Proven	✓	✗	
Made in America	✓	✗	

What Stabilizing Orthotics Do For You

BEFORE
Unsupported

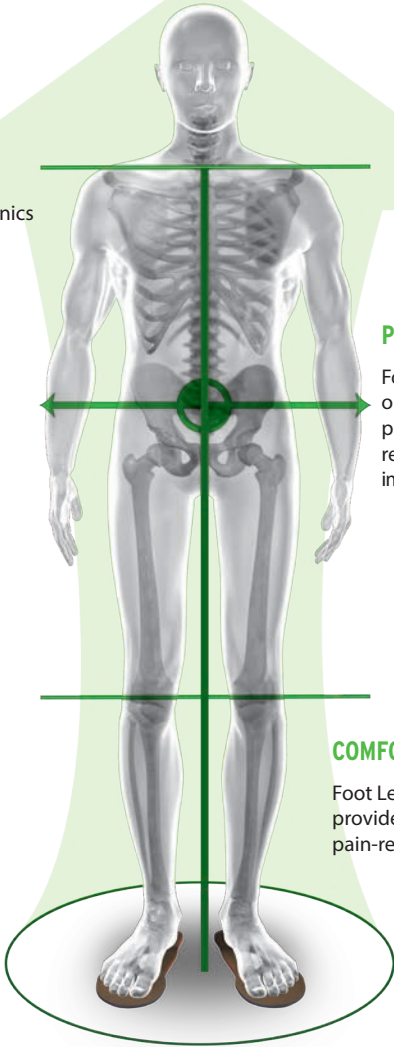


Without Orthotics

AFTER
Supported with
Stabilizing Orthotics

PAIN RELIEF

Relieve pain by
fixing biomechanics



PROVEN

Foot Levelers
orthotics are
proven to
reduce pain and
improve function

COMFORT

Foot Levelers orthotics
provide comfort and
pain-relief all day long

With Foot Levelers Orthotics

PROVEN

Less Pain. More Comfort.

Foot Levelers custom orthotics are
PROVEN to reduce Low Back Pain
by 34.5%



As published in the Archives of Physical
Medicine and Rehabilitation, 2017.

What Orthotics Do For Your Body

Foot Levelers stabilizing orthotics were developed to improve your comfort level. Foot Levelers orthotics also help reduce low back pain, hip pain, and even neck pain. Learn more about each of these conditions and how Foot Levelers can help you live a pain-free lifestyle.

Low Back Pain

There are many possible reasons for low back pain, but spinal strain and postural fatigue account for about 70% of cases not caused by more serious conditions.



Short Leg

Leg length inequality (LLI) can cause pressure, stress, and pain in your knees, thighs, hips, pelvis, and spine.



Sacroiliac Joint Pain

The sacroiliac (or SI) joints are the link between your spinal column and pelvis. They help absorb damaging shock forces, and they also help stabilize the body and transmit weight to the lower limbs.



Knee Pain

There is no single cause for painful knee joints. But there are generally 2 types of contributing factors: traumatic and chronic. Your doctor will help determine the cause of your knee pain.



Ask your doctor how
Foot Levelers can
help reduce pain

What Orthotics Do For Your Feet

The pain you feel in your feet is debilitating and prevents you from living life to its fullest. Foot Levelers stabilizing orthotics offer relief from some of the most common foot conditions, including plantar fasciitis and metatarsalgia. Foot Levelers orthotics are a great solution if you're experiencing foot pain.

Flat Feet

When a foot is severely pronated, or flat, it means its arches have fallen. Flat feet are less shock-absorbent for the bones, muscles, ligaments, and tendons of the entire body.



Chronic Ankle Instability

If your ankle frequently "gives way" while walking or during activity, or if you've suffered from multiple sprains, you may have chronic ankle instability.



Plantar Fasciitis

The plantar fascia is the soft, springy tissue on the underside of the foot. With injury, wear-and-tear, or age, a painful, ongoing condition may result: plantar fasciitis.



Metatarsalgia

Metatarsalgia is pain in the ball of the foot. The soft, springy tissue beneath the foot is the support system for bones. With injury, wear-and-tear, or age, tissue deteriorates. Arches flatten, and toes may begin to crowd one another.



Ask your doctor how
Foot Levelers can
help reduce your
Foot Pain



1 FOR WORK. 1 FOR PLAY.

Why you **need** more than one pair:

Problem

With **EVERY** step, your feet can cause problems throughout your body: knee pain, hip pain, low back pain, and even neck pain

Solution

Orthotics in **EVERY** pair of shoes help relieve pain and discomfort



What other patients are saying



"After three back surgeries, I **couldn't even walk a mile**. I had a colleague recommend orthotics. After I got them, **I put them in my shoes** and went on a trip to New York City. **We walked 9 miles. No pain.** The amount of relief Foot Levelers orthotics provide is enormous. **It's just an amazing improvement in quality of life.**"

Kelley Andrews of Salem, VA

"**I had lower back pain.** I wasn't sleeping very well. My mood was dropping and I began to have some knee issues. ... I saw multiple specialists and doctors who said I needed surgery. Fast forward a few months, and **I feel like I'm healed.** I owe my healing all to Dr. Stu (Weitzman) and Foot Levelers custom orthotics."

Carla Churyk of Brewster, NY



"**I bought two sets of Foot Levelers.** One for my dressy shoes and one for my sneakers. **I'm glad I did.** Now I don't have to move my orthotics from one pair of shoes to another. I'm always ready to go and "go" is something I like to do."

Jackie Ann Dean of Springfield, MO

"One week into wearing my Fiji custom orthotic flip-flops, **I can honestly see a huge improvement in my level of back pain!** They are my new favorite pair of flip-flops."

Niki Lazenby of Clermont, FL



Our **#1** Doctor Recommended Orthotic



InMotion® improves performance in active patients

Designed for Everyday Activities

- Remove/wick away moisture 4x faster
- Help control odor and bacteria
- Includes DRS-X™ and the patented Gait Cycle System® for extra shock absorption
- Top cover provides better grip during athletic activity



“I've had custom orthotics for years but was amazed when these arrived within a week to treat my neuroma! It was like going from a VW Bug to a Rolls Royce. The more I walked with the Foot Levelers, the better my feet felt! Six weeks later, I finished a 530-mile backpack trip, and I am ever so grateful to my Chiropractor and Foot Levelers.”

- Sandy B.

What types of shoes do you wear?

Shoes **with** removable liner



FULL LENGTH

Any

Shoes **without** removable liner and **tight-fitting** shoes



DRESS LENGTH

Women's dress shoes

(upto1")

5th Avenue 1"



(Between1&2")

5th Avenue 2"



To receive maximum support from your custom orthotics, consider orthotics for each of your shoes. Ask the doctor about the benefits of multiple pairs.

What is your activity level?

Extreme



You need **EXTREME** orthotics

Moderate



You need **ULTRA** orthotics

Choose a Top Cover



Active

Cambrelle® Top

Regulates foot and body temperature while controlling moisture.

Active orthotics are:

- Designed for 'active' shoes like runners, hikers, walkers, etc.

AVAILABLE IN:



EXTREME



ULTRA



Comfort

TechCel™ Top

Provides extreme comfort and durability with an extra layer of cushion.

Comfort orthotics are:

- Perfect for those who stand for extended periods

AVAILABLE IN:



EXTREME



ULTRA



Luxury

Lambson Leather™ Top

Luxurious leather top that slides comfortably into shoes.

Luxury orthotics are:

- Great for business professionals who wear dress shoes all day long

AVAILABLE IN:



EXTREME



ULTRA



DRESS LENGTH



Tough

Tough Leather Top

Our toughest and most durable top for those who wear work boots or who need extreme durability.

Tough orthotics are:

- For those who are very hard on their footwear

AVAILABLE IN:



EXTREME



ULTRA



Orthotics NEW Exclusively for Women

- Stabilizing orthotics made just for women
- Slim design to fit easily into heels with 1 inch or 2 inches
- Soft yet durable top cover for a more comfortable feel
- Discreet support for dress shoes and even strappy sandals

5TH AVENUE **FOR 1"**



1" Heel
7/8 Length ITEM 0910711



5TH AVENUE **FOR 2"**



2" Heel
3/4 Length ITEM 0910710



5TH AVENUE **LUXURY FOR 1"**

1" Heel
Luxury ITEM 0910712
ULTRA THIN



5TH AVENUE **LUXURY FOR 2"**



2" Heel
Luxury ITEM 0913600
ULTRA THIN



DRESS LENGTH LUXURY



Dress Length ITEM 0912800



AGES 5-12

Ultra
YOUNG
SOLES



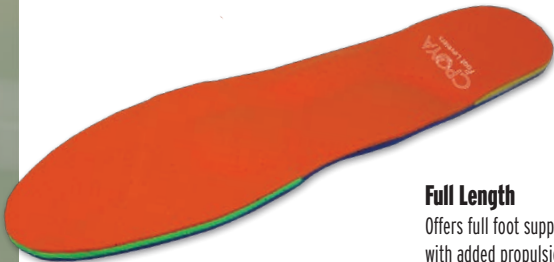
- Helps establish healthy posture as kids grow, from the ground up
- Offers biomechanical support, which may help alleviate growing pains
- Helps keep kids stable and supported during sports or play
- Available with our **Posture Protect Program™**★

Full Length ITEM 0910702

YOUNG ATHLETES 13-18

CPOYA™
CONCERNED PARENTS OF YOUNG ATHLETES

A high performance orthotic
for the young athlete



Full Length
Offers full foot support
with added propulsion

Full Length ITEM 0913402



Long Distance Runners

Full Length ITEM 0913103



EXTREME PROPULSION with
MPAX PRO

MORE ADVANCED
materials for improved performance

Features double
MPAX
TECHNOLOGY



Tight-Fitting Athletic Footwear

Full Length ITEM 0913101



Features
MPAX
TECHNOLOGY

OUR THINNEST
athletic orthotic—perfect for cleats

53.2% lighter
than any of our other orthotics





RELIEF ELITE COMFORT™

Full Length	ITEM 0912911
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Provides **elite comfort and durability** with an extra layer of cushion.



MAGNETS ELITE ENERGY XL™*

Full Length	ITEM 0910300
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May **enhance your energy, edge, and performance.**

*Contains magnets. Do not use if you are wearing a pacemaker or electrical implant of any kind, or if you are pregnant.



Dr. Monte H. Greenawalt

LEGACY SPS®

Full Length	ITEM 1111
3/4 Length	ITEM 101
Dress Length	ITEM 1156

Foot Levelers is proud to offer the innovation that started it all, our Spinal Pelvic Stabilizers, the original design of company founder, Dr. Monte H. Greenawalt. As demand for his services grew, Foot Levelers, Inc. was born in 1952.



GOLF PARFLEX PLUS®*

Full Length	ITEM 0910701
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- **Increases club head velocity 3-5 mph**
- **Helps wearer hit golf ball 9-15 yards farther**
- Helps improve your body's alignment
- Helps reduce your fatigue



#published in JMPT, 1997-2001

*Contains magnets. Do not use if you are wearing a pacemaker or electrical implant of any kind, or if you are pregnant.



WATER RESISTANT AQUAGUARD™

Full Length	ITEM 0910700
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Great for high-humidity work environments or activities around water.



Brooks Adrenaline GTS

Color: Black ITEM BRW0200

SIZES B, D 5-12

WOMEN



Brooks Adrenaline GTS

Color: Black ITEM BRM0200

SIZES D, 2E 7-12, 13, 14, 15

MEN



Brooks Ghost 13

Color: Black/Pearl/Hushed Violet ITEM BRW0230

SIZES B, D 5-11, 12

WOMEN



Brooks Ghost 13

Color: Primer Grey/Pearl/Black ITEM BRM0260

SIZES D, 2E 7-12, 13, 14, 15

MEN



NEW

Merrell MQM Flex 2

Color: Rock/Wave ITEM MEW0110

SIZES B = 5-11

WOMEN

waterproof

NEW



Merrell Moab 2 WP

Color: Beluga ITEM MEM0120

SIZES M = 7-12, 13, 14, 15 · W = 7-12, 13, 14

MEN

waterproof



NEW

OluKai Pehuea Leather

Color: Lave Rock ITEM ONW0150

SIZES M = 5, 6-10, 11

WOMEN



OluKai Moloa

Color: Ash/Dark Wood ITEM ONM0090

SIZES M 7, 8-12, 13, 14

MEN



Florsheim Cap Toe Oxford

Color: Black ITEM FLM0020

SIZES D = 7-12, 13, 14, 15 · 3E = 7-11, 12, 13, 14, 15

MEN



Different Activities Need Different Orthotics



Stay aligned and in balance with every step.
Ask the staff about orthotics for all your shoes.

CAOS Wave

Color: Black ITEM CAW0010
SIZES B = 5-10 (WHOLE SIZES ONLY)

WOMEN



CAOS Riptide

Color: Black/Gray ITEM CAM0010
SIZES D = 8-15 (WHOLE SIZES ONLY)

MEN



Naot Arthur

Color: Brown ITEM NAM0040
SIZES M = 7-13 (WHOLE SIZES ONLY)
(3 ADJUSTABLE STRAPS)

MEN



Naot Enid

Color: Vintage Slate ITEM NAW0220
SIZES M = 5-11 (WHOLE SIZES ONLY)
1 1/4" Heel (2 ADJUSTABLE STRAPS)

WOMEN



WOMEN

Roanoke

Color: Brown ITEM ROA0010
SIZES 5-11
(WHOLE SIZES ONLY)

Roanoke

Color: Black ITEM ROA0020
SIZES 5-11
(WHOLE SIZES ONLY)

MEN

Roanoke

Color: Brown ITEM ROA0010
SIZES 7-13
(WHOLE SIZES ONLY)

Roanoke

Color: Black ITEM ROA0020
SIZES 7-13
(WHOLE SIZES ONLY)



**DO
NOT**

**USE THOSE FLAT
AND DESTRUCTIVE
RETAIL FLIP-FLOPS**

THEY **WILL** CAUSE
PAIN AND DISCOMFORT



**PLANTAR
FASCIITIS
RISK
INCREASE**

**NO
ARCH
SUPPORT**

**INCREASED
RISK OF
DISCOMFORT
AND
INJURY**

Maui™

Color: Black Pearl ITEM CSM0060
SIZES D = 7-14 (WHOLE SIZES ONLY)

MEN



Fiji™

Color: Black Pearl ITEM CSW0050
SIZES B = 5-11 (WHOLE SIZES ONLY)

WOMEN



Catamaran®

Color: Mahogany ITEM CSM0020
SIZES D = 7-14 (WHOLE SIZES ONLY)

MEN



Fiji™

Color: Black Chevron ITEM CSW0060
SIZES B = 5-11 (WHOLE SIZES ONLY)

WOMEN



Catamaran™

Color: Mahogany ITEM CSW0190
SIZES B = 5-11 (WHOLE SIZES ONLY)

WOMEN



Vegas™

Color: Black ITEM CSW0160
SIZES B = 5-11 (WHOLE SIZES ONLY)

WOMEN



Midnight Breeze®

Color: Black ITEM CSW0020
SIZES B = 5-11 (WHOLE SIZES ONLY)

WOMEN



Seabreeze®

Color: Shell ITEM CSW0010
SIZES B = 5-11 (WHOLE SIZES ONLY)

WOMEN



OUR MOST POPULAR CUSTOM ORTHOTIC FLIP-FLOP

Bling™

Color: Black ITEM CSW0030
SIZES B = 5-11 (WHOLE SIZES ONLY)

WOMEN



LOW BACK PAIN



80%

of people will
experience LBP
once in their life

37%

of adults say LBP
affects their
ability to sleep

20%

of people with chronic
pain receive an
opioid prescription

NUMBER
ONE

cause of
work-related
disabilities

34.5*
PERCENT

reduction of LBP with Foot
Levelers custom orthotics,
proven by recent study

Ask us how **Foot Levelers Custom
Orthotics** can help treat back pain.



FootLevelers.com | f t v